

"We proudly accept Medicaid recipients"



Supportive Counseling Group

*We specialize in
Mental Health Skills-Building,
Intensive In-home, Outpatient
Services and Crisis Services*

OUR MISSION

B&W aims to change the mental health stigma through functional skills and resources to improve overall independency.



WE PROVIDE:

- Mental Health Prescreening and Assessments for our services.
- Treatment Plans tailored to individual needs for our client's.
- Training, Coaching and Support in development of functional Skills.

Phone: 804.495.4640

Email: bwcounselingservices@outlook.com

Website: www.bwcounselingservices.com

MENTAL HEALTH SKILLS-BUILDING SERVICES:

At B&W Supportive Counseling Group, we offer mental health skill-building services (MHSS) which provides intensive, goal-directed service for adults with significant psychiatric illnesses who are struggling to live independently and/or successfully within the community. Each individual in our program must be at least 21 years old and will work independently with their case worker to develop a person-centered treatment plan.



MENTAL HEALTH SKILLS-BUILDING SERVICES FACILITATES:

Use of person-centered planning to determine what each individual in our program wants for his or her future. Some of the services we provide include:

- Management of psychiatric symptoms
- Monitoring of health/physical conditions
- Activities of Daily Living (ADLs)
- Enhancement of social and interpersonal skills.
- Financial Management
- Organization and Routine
- Service Coordination with other professionals
- Crisis Support

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B&W SUPPORTIVE COUNSELING GROUP PROVIDES IIH SERVICES

- This is a service for children under the age of 21
- This is a time-limited service in the member's residence
- Goal is to keep the member within the home and to decrease the risk of out of home placement



Designed to:

- Improve Family Dynamics
- Provide modeling
- Improve interpersonal relations between family members in the home
- Provide clinical interventions to help improve functioning.

IIH services shall also include:

- Crisis intervention
- 24 hour emergency response
- Care coordination with other required services
- Communication Skills
- Family counseling
- Outpatient therapy provided by the IIH provider or coordinated with another provider
- Training to increase appropriate communication skills
- Services shall also be used to facilitate the transition to home from an out-of-home placement when services more intensive than outpatient clinic care are required for the transition to be successful

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Comprehensive Crisis Services:

At B&W Supportive Counseling Group, we offer Comprehensive Crisis Services which provides rapid response, assessment and early interventions to individuals experiencing mental health crisis. These programs are designed to support an individual and their natural support system following contact with an initial crisis response services. These services are available 24/7 for those situations where an individual is in an acute crisis and requires intervention.



Comprehensive Crisis Services Includes:

Mobil Crisis Response, Community Stabilization, 23-Hour Crisis Stabilization, and Residential Crisis Stabilization. Which include but limited to:

- Management of psychiatric symptoms
- Monitoring of health/physical conditions
- Activities of Daily Living (ADLs)
- Enhancement of social and interpersonal skills.
- Financial Management
- Organization and Routine
- Service Coordination with other professionals
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